

COMMUNITY RESOURCES

HOUSING:

CHUM- 102 West Second Street (218) 720-6521

- Emergency Shelter
- Permanent Supportive Housing
- Housing Advocacy

Salvation Army- 215 S. 27th Ave. W. (218)-722-7934

- Rapid Re-housing for Families in Shelter
- Family Homelessness Prevention
- Family Transitional Housing
- Catherine Booth Residence for Chemical Dependency

- **HRA (Housing Redevelopment Association)** 222 E 2nd St. (218) 529-6300
- **American Indian Community Housing Organization** Contact: Patti Larsen at 218-722-7225

RULE 25 ASSESSMENTS:

- **CADT (Center For Alcohol & Drug Treatment)- Torrey Building-314 W. Superior St. Suite 400** No Appointments--Walk In only Mon-Fri between 8am-Noon
- **Government Services Center** 320 W 2nd St.
 - Residents of St. Louis County can visit any St. Louis County Public Health & Human Services office (Duluth, Virginia, Hibbing or Ely) to complete an “Application for Services”
 - Or call to request at:
 - South St. Louis County: 218-720-1528; or 218-726-2222; or 800-450-9777 ext. 1528
 - North St. Louis County: 218-262-6054 or 800-450-9777 ext. 8354

MEDICAL:

- **24 Hour National Suicide Prevention Lifeline** 1-800-273-8255 (Free & Confidential)
- **Birch Tree Center-Mobile Crisis Team** (218)623-1800 or Text “LIFE” to 61222
- **St. Luke’s Hospital** 915 E 1st St. (218) 249-5555
- **Essentia Hospital** 407 E 3rd St. (218) 726-4000
- **Lake Superior Community Health Services** 4325 Grand Ave. (218) 722-1497
- **Women’s Care Center** 103 E 1st St. (218) 623-7100

VETERANS SERVICES:

- **St. Louis County Veterans Services** 405 E Superior St. Suite 130 (218) 725-5285
- **Veterans Crisis Line** 1800-273-8255 (Press 1)
- **Veterans Linkage Line (Assistance for Veterans & Families)** 1-888-546-5838

FOOD SERVICES:

- **Union Gospel Mission 219 E 1st St. (218)722-1196**
Office Hours: *M-F 10:30 am to 5:00 pm*
- **Breakfast:** M-F, 7:30-8:15 am
- **Lunch:** M-F, 12:00-12:45 pm
- **Dinner:** M-F, 5:00-5:45 pm
- **Weekends:** Sat/Sun, 5:00-5:45 pm
- Client Services are from 1:30 pm to 2:45 pm which includes Food Shelf & Hygiene kits
**You must bring two forms of identification: 1. Minnesota picture ID 2. Piece of mail to prove your residency in MN.
**Food Shelf you can come every 2 months and get a food box, hygiene kits are given out once a year.
- **Damiano Center** 206 W 4th St (218)722-8708
 - **Soup Kitchen** is open Mon, Wed, Fri, Sat, and Sun for:
 - Continental breakfast 8:30am – 9:30am
 - Lunch 11:30 am – 1:00pm
 - Dinner 5:00 pm – 6:00pm (Fri, Sat, and Sun only)
- **Salvation Army** 215 S. 27th Ave. W. (218)722-7934
 - **Weekday hot lunch** (free) 11:30am to 12:30 pm
 - **Emergency food shelf** – Mondays and Thursdays from 1:30pm to 4:00pm
 - **Food pantry** - offers free groceries to individuals and families in need who live between 10th and 40th Ave. W., and in the Piedmont neighborhood. Food is distributed at the Salvation Army Service Center.

- **Medical food shelf** – Medical food shelf is available by appointment on Wednesdays from 1:30 – 3 p.m. This service is for people with special dietary needs. A medical referral is required.
- **Life House (for ages 14-20)** 102 W. 1st Street (218)722-7431
 - Soup Kitchen Hours:
 - Monday, Tuesday, Thursday, and Friday 3:00pm to 7:00pm
 - Wednesday 3:00pm to 6:00pm
- **CHUM Drop-In** 120 N. 1st Avenue West (218)727-2391
- **Soup Kitchen** Hours: Wednesday, 3:00pm to 6:00pm
- **Food Shelf**
 - Wednesday 10-1:45
 - Wednesday Evening (1st and last of the month) 3:30-6:30
 - Friday 10-1:45
- **Gloria Dei Lutheran Church-1814 N 51st Ave. E.** Monday 11-1 (Part of the CHUM program)
- **Our Savior's Lutheran Church-4831 Grand Ave.** Tuesday/Thursday 11-2 (Part of the CHUM program)
- **Lincoln Park Community Church Food Shelf- 2202 West 3rd Street** 2nd Thursday, 3:30 p.m. - 5:30 p.m.
- **Fruit of the Vine Food Shelf (Vineyard Christian Fellowship)** 1533 Arrowhead Road
 - Tuesday, 6:00 p.m. - 8:00 p.m.
 - Saturday, 9:30 a.m. - 11:30 a.m.
- **Minnesota Food Help Line 1 (888) 711-1151**
 - If you or someone you know does not have enough food, call the MN Helpline to find out if you qualify for SNAP and where to find emergency food assistance close to your home.

OTHER SERVICES:

- **Damiano Center Clothing Exchange** 206 W 4th St (218) 722-8708
 - All items are provided free of charge to those in need.
 - Hours: Monday, Tuesday, and Friday 9am - 3 pm, Wednesday 9am – 6pm Room 212
 - CLOSED Thu, Sat, and Sun
- **Damiano Center Clothes That Work** (This program provides work appropriate apparel for interviews and for people beginning a new job)
 - Hours: Monday through Wednesday and Friday 9am - 3pm Room 207
- **Legal Aid** (Duluth, MN) (218) 623-8100
- **Safe Haven Resource Center** 414 West 1st Street (218)-728-6481 Monday – Friday 8am-4pm
 - **24-Hour Hotline/Shelter Line** 218-728-6481 or 1-877-880-3094 (Toll-Free)
 - 24-hour emergency shelter for victims of abuse and their children and pets
 - Assistance in filing protective orders
 - Court advocacy
 - Safety planning
 - Information and referrals
 - Assistance with gaining housing, employment, education, and childcare
 - Support for youth affected by domestic violence
 - Professional training and community education
 - Free education and support groups
- **UNITED WAY 211**
 - United Way's 2-1-1 is an easy-to-remember, completely confidential phone number that connects people with information about food, housing, employment, childcare, transportation, health services, senior services and more.